



SOCIAL PRESCRIBING

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WHAT IS SOCIAL PRESCRIBING?

Recognises importance of social factors in chronic illness and aims to help with health problems associated with social isolation and loneliness
It links at risk individuals with local community support



Enables Primary Health Care Professionals to refer people to a range of local, non-clinical services



Encouraging mobilisation of service users



Reducing GP Hours, A & E Admissions and Medication Prescribed



Outcome Based



Different to signposting



3 PCNS:

- Scarborough CORE PCN
- Filey and Scarborough PCN
- North Riding PCN

DIFFERENT TO SIGNPOSTING?

Due diligence on groups

Attend groups with service user

Look at developing new groups/activities

Build capacity of community groups

Look at housing/financial issues

Attend appointments - ie. housing

Write supporting letters

Spend 1-2-1 time with service users

Holistic approach

Meetings outside of the practice

OUR SUGGESTED AT RISK INDIVIDUALS

- ▶ Suggested groups:
 - ▶ Frequent attendees
 - ▶ Recently Bereaved (especially the elderly)
 - ▶ Those with mental health issues
 - ▶ Carers
- ▶ Individual's journey:
 - ▶ PAM
 - ▶ Personalised care and support plan
 - ▶ 6 sessions
 - ▶ Exit Surveys
 - ▶ 6 month follow ups



SERVICE AND WORKER TITLES

- ▶ Conversations with Practice Managers
- ▶ Further ideas now
- ▶ Suggested names/words:
 - ▶ Connect, Link, Support, Community, wellbeing, health, wellness, network, wellbeing network service, partnership, development, empowerment, improvement and wellbeing practioners

INFORMATION HELD ON SYSTEM ONE

- ▶ What do you want to see held on your health record?
- ▶ What would you prefer to be held off your health record?