

<b>Pathway:</b>	Gynaecomastia
<b>Referral Criteria/Commissioning position:</b>	
<p><i>Refer to secondary care:</i></p> <ul style="list-style-type: none"> <li>• if any red flag present (via fast track route)</li> <li>• only if very large or medically induced – otherwise treated as cosmetic surgery</li> </ul> <p><i>'Red flag' symptoms:</i></p> <ul style="list-style-type: none"> <li>• unilateral firm sub areolar mass not typical of gynaecomastia with or without nipple distortion or associated skin changes</li> <li>• unilateral eccentric mass</li> </ul> <p><b>Investigations prior to referral</b></p> <ul style="list-style-type: none"> <li>• Examination of genitals</li> <li>• TFT, LFT, testosterone levels, hormone profile</li> </ul>	
<b>Information to include in referral letter:</b>	
<p><i>The GP referral letter should contain:</i></p> <ul style="list-style-type: none"> <li>• Duration and course of symptoms, history of sexual dysfunction</li> <li>• Confirmation that funding has been approved by the Individual Funding Panel</li> <li>• Details of treatments and measures tried including outcomes</li> <li>• Drug history (prescribed and non-prescribed)</li> <li>• Relevant past medical/surgical history</li> <li>• Current regular medication</li> <li>• BMI</li> <li>• Smoking status</li> <li>• Alcohol consumption</li> </ul>	
<b>References &amp; Additional information:</b>	
<p><b>References:</b>  <a href="http://www.patient.co.uk/doctor/Gynaecomastia.htm">www.patient.co.uk/doctor/Gynaecomastia.htm</a></p>	
<b>CCG GP sign off:</b>	SRCCG Business Committee (Delegated to Dr Greg Black)
<b>Review date:</b>	2017