

## Who are we?

The Learning Disability Service

- Specialist Learning Disability Nurses
- Psychiatry
- Psychology
- Speech and Language Therapy
- Physiotherapy
- Occupational Therapy
- Patient Engagement
- Strategic Health Facilitation
- Administration Support

**Together we provide help and support for individuals over the age of 18 who have a Learning Disability.**

## We work with:

- Individuals with a Learning Disability
- Health & Adult Services
- GP's
- Mental health colleagues
- Continuing health care
- Acute Liaison
- Family/ Carers
- Providers
- Police
- Other health professionals

**Note that this is not an exhaustive list.**

## What areas of work are we involved in?

- Positive Behavioural Support
- Mental Health
- Communication, swallowing, eating and drinking.
- Difficulties arising from medical conditions such as Autism, Down's syndrome and Epilepsy
- Sexual health & relationships
- Health promotion
- Promoting independence
- Physical healthcare and support

**Note that this is not an exhaustive list.**

## What we don't do:

- We do not help with housing
- We do not offer support with benefits and assessments – We will sign post you to the most appropriate services.
- We do not deliver social care – however we will work alongside them where appropriate.
- We do not work with people who do not have a learning disability e.g. **Dyslexia, dyspraxia, learning difficulties, hearing impairment, Asperger's**, however please note that people with Learning Disabilities may also experience other conditions.

## Opening Hours:

We are open Mon – Fri **9am – 5pm**  
If your call is urgent and you need someone after these times

- Call Your G.P.
- Duty Social Work Team on:  
**01609 780 780**
- North Yorkshire Mental health  
Helpline: **0333 0000 309**

## Criteria for referrals

The person must have a learning disability. This is defined as:

- a significantly reduced ability to understand new or complex information or learn new skills;
- a reduced ability to cope independently;
- an impairment that started before adulthood, with a lasting effect on development.

### Please note:-

A referral can also be made if you think someone **might** have a Learning Disability, and has an identified health need.

### How to make a referral

- People over the age of 18 can refer themselves.
- Anyone else can refer as long as the individual has given consent.
- Some people will need to be referred in their 'Best Interest'

Referral Line: - **0300 123 3007**

[TEWV.NYLDR referrals@nhs.net](mailto:TEWV.NYLDR referrals@nhs.net)



Tees, Esk and Wear Valleys  
NHS Foundation Trust

## The Learning Disability Service

## Standard Information Leaflet

