

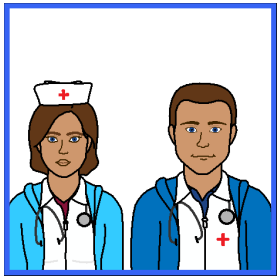
# The Learning Disability Service

## Service User Information

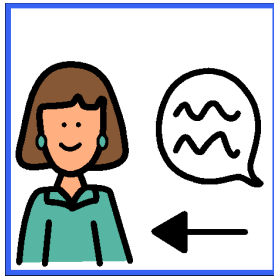


Easy read

## The Learning Disability Team:



Adult nursing



Psychology



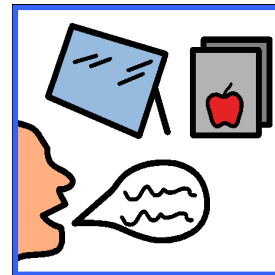
Psychiatry



Physiotherapy



Occupational Therapy



Speech & Language Therapy



Patient engagement



Office workers



Strategic Health Facilitation

## Contact details:



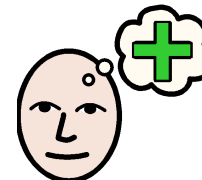
We are open from  
**9:00am to 5:00pm.**  
Monday to Friday.



If you need help when  
we are not open and  
your call is urgent:  
**call your G.P..**

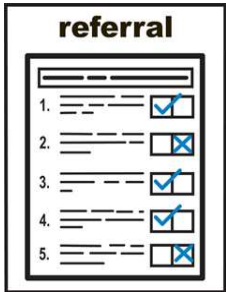


Or:  
The Social Care Duty Team  
on: **01609 780 780**  
[Social.care@northyorks.gov.uk](mailto:Social.care@northyorks.gov.uk)

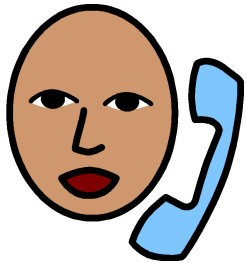


Or:  
The North Yorkshire  
Mental Health helpline:  
on: **0333 0000 309**

## How to refer into the team:



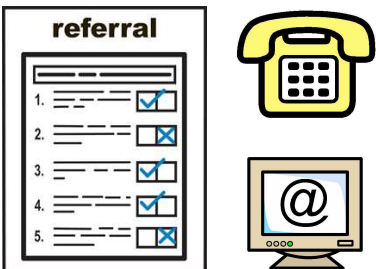
You can refer yourself or someone can refer you, if you agree.



When we get your referral a team member will talk to you and find out how we can help you.



We can see you at home, in the clinic or somewhere that is better for you.



Referral line:

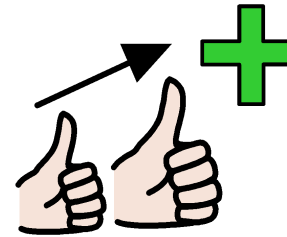
**0300 123 3007**

TEWV.NYLDReferrals  
@nhs.net

## Who do we help?



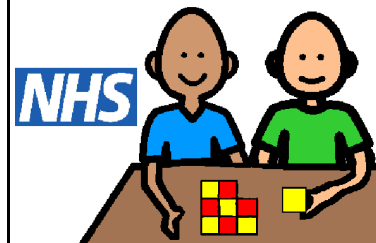
We help adults over the age of 18 who have a learning disability.



We work with people who need help to improve their health and wellbeing.



We provide help and information for you and people who support you.

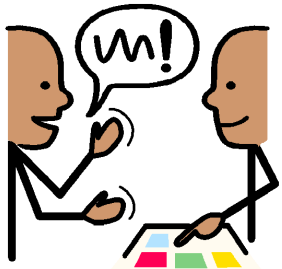


We may need to do an assessment to see if you have a learning disability.

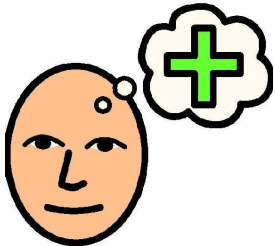
## What can we help with?



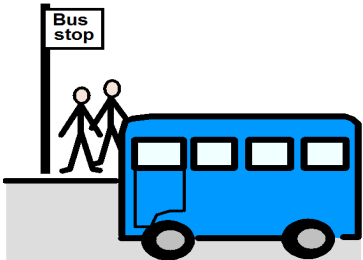
Health education and promotion.



Communication.



Supporting people with mental health.



Working together to develop your independence skills.

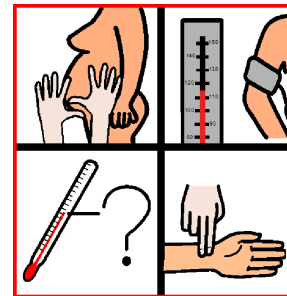
## What can we help with?



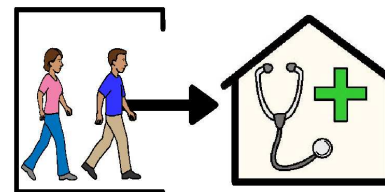
Supporting people with physical disabilities.



Medication.



Health assessments and support to access other health services.



We also work with other agencies like **Social Services, GPs, and Mental Health Workers.**