

<b>Pathway:</b>	Intense Pulse Light (IPL), Laser or Electrolysis for Hair removal
<b>Treatment:</b>	Hirsutism or other Hair removal requests
<b>Referral Criteria/Commissioning position:</b>	
<i>Requests for IPL, Laser or Electrolysis for Hirsutism or other hair removal requests are not routinely commissioned; all cases require prior approval via the Individual Funding Request (IFR) panel</i>	
<b>Investigations prior to referral</b>	
<ul style="list-style-type: none"> <li>• None</li> </ul>	
<b>Information to include in referral letter:</b>	
<p><i>The GP referral letter should contain:</i></p> <ul style="list-style-type: none"> <li>• Details of how the patient demonstrates clinical exceptionality</li> <li>• Impact on activities of daily living</li> <li>• Treatments and interventions tried including the results</li> <li>• Drug history (prescribed and non-prescribed)</li> <li>• Relevant past medical / surgical history</li> <li>• Current regular medication</li> <li>• BMI</li> </ul>	
<b>References &amp; Additional information:</b>	
<p>1 Radmanesh M, Azar-Beig M, Abtahian A, Naderi AH. Burning, paradoxical hypertrichosis, leukotrichia and folliculitis are four major complications of intense pulsed light hair removal therapy <i>Journal of Dermatological Treatment</i>, 2008, vol./is. 19/6 (360-3) <a href="http://informahealthcare.com/doi/abs/10.1080/09546630802132627">http://informahealthcare.com/doi/abs/10.1080/09546630802132627</a></p> <p>2) Rasheed AI. Uncommonly reported side effects of hair removal by long pulsed-alexandrite laser. <i>Journal of Cosmetic Dermatology</i>, December 2009, vol./is. 8/4(267-74) <a href="http://onlinelibrary.wiley.com/doi/10.1111/j.1473-2165.2009.00465.x/abstract">http://onlinelibrary.wiley.com/doi/10.1111/j.1473-2165.2009.00465.x/abstract</a></p> <p>3) Azziz R. The evaluation and management of hirsutism. <i>Obstet Gynecol</i> 2003; 101: 995–1007. <a href="http://www.ncbi.nlm.nih.gov/pubmed/12738163">http://www.ncbi.nlm.nih.gov/pubmed/12738163</a></p> <p>4) Haedersdal M, Gotzsche PC. Laser and photoepilation for unwanted hair growth. <i>Cochrane Database Syst Rev</i> 2006;(4):CD004684 <a href="http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD004684.pub2/full">http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD004684.pub2/full</a></p> <p>5) NHS Modernisation Agency. 'Action on plastic surgery. Referrals and guidelines in plastic surgery. Information for Commissioners of Plastic Surgery Services'. <a href="http://www.bapras.org.uk/downloadaddoc.asp?id=425">http://www.bapras.org.uk/downloadaddoc.asp?id=425</a></p> <p>6) NICE Clinical Knowledge Summary <a href="http://cks.nice.org.uk/hirsutism">http://cks.nice.org.uk/hirsutism</a> (Jan 2010)</p> <p>7) Koulouri O, Conway G. S. Management of hirsutism. <i>BMJ</i> 2009;338:b847 <a href="http://www.bmj.com/content/338/bmj.b847">http://www.bmj.com/content/338/bmj.b847</a></p> <p>8) NHS Choices – Treatment for Pilonidal Sinus <a href="http://www.nhs.uk/Conditions/Pilonidal-sinus/Pages/Treatment.aspx">http://www.nhs.uk/Conditions/Pilonidal-sinus/Pages/Treatment.aspx</a></p> <p>For the full SRCCG commissioning policy please <a href="#">click here</a></p>	
<b>CCG GP sign off:</b>	SRCCG Business Committee – February 2016
<b>Review date:</b>	2017