

<b>Pathway:</b>	Acne
<b>Referral Criteria/Commissioning position:</b>	
<p><i>Refer to specialist services such as GPwSI in dermatology or to secondary care for:</i></p> <ul style="list-style-type: none"> <li>• are at risk of, or are developing, scarring despite primary care therapies</li> <li>• have moderate acne that has failed to respond to treatment which should generally include several courses of both topical and systemic treatment over a period of at least 6 months</li> <li>• a very severe variant such as fulminating acne with systemic symptoms (acne fulminans) or gram negative folliculata</li> <li>• severe acne or painful, deep nodules or cysts (nodulocystic acne) and could benefit from oral isotretinoin</li> <li>• severe social or psychological, including a morbid fear of deformity (dysmorphophobia)</li> <li>• are suspected of having an underlying endocrinological cause for the acne (such as polycystic ovary syndrome) that needs assessment</li> </ul> <p><i>Cosmetic treatment for scarring is not routinely commissioned</i></p> <p><i>All requests for funding need to be made via the Individual Funding Request (IFR) Panel.</i></p> <p><b>Investigations prior to referral</b></p> <ul style="list-style-type: none"> <li>• FBC, U/E, LFT, fasting cholesterol and triglycerides</li> <li>• Organise contraception in all sexually active females (or those likely to become so shortly) before referral if oral isotretinoin may be considered. Can be combined with any oral contraceptive</li> </ul>	
<b>Information to include in referral letter:</b>	
<p><i>The GP referral letter should contain:</i></p> <ul style="list-style-type: none"> <li>• Details of how the patient meets the criteria</li> <li>• Treatments and interventions, current &amp; past tried including the results,</li> <li>• Drug history (prescribed and non-prescribed)</li> <li>• Relevant past medical/surgical history</li> <li>• Current regular medication</li> <li>• BMI</li> <li>• Smoking status</li> <li>• Alcohol consumption</li> </ul>	
<b>References &amp; Additional information:</b>	
Acne: <a href="http://www.patient.co.uk/health/acne">http://www.patient.co.uk/health/acne</a>	
<b>CCG GP sign off:</b>	SRCCG Business Committee (Delegated to Dr Greg Black)
<b>Review date:</b>	2017