







Scarborough and Ryedale Clinical  
Commissioning Group (CCG)  
Local Transformation Plan for Children  
and Young People's Emotional and  
Mental Health 2015-2020  
October 2017 Refresh






---



**EASY READ VERSION**



	<p><b>What is this leaflet about?</b></p>
	<p>This leaflet tells you about the Plan for mental and emotional health services for children and young people in North Yorkshire.</p>
	<p><b>What is the Plan called?</b></p>
	<p>The Plan is called the Local Transformation Plan for Children and Young People's Emotional and Mental Health.</p>
	<p><b>Who wrote the Plan?</b></p>
	<p>The Plan was written by people who work for North Yorkshire County Council and Scarborough and Ryedale Clinical Commissioning Group.</p>

	<p>They are the people who pay for emotional and mental health services for children and young people in North Yorkshire.</p>
	<p><b>What does the Plan say?</b></p>
	<p>The Plan tells you about the emotional and mental health of children and young people in North Yorkshire.</p>
	<p>It tells you what has been done to help them already.</p>
	<p>It tells you what is going to be done to help them and their families in the future.</p>

	<p><b>What do we know about emotional and mental health in North Yorkshire?</b></p>
	<p>There are more children and young people who are happy at home and school than in other parts of England.</p>
	<p>Not as many children and young people need emotional and mental health services than in other parts of England.</p>
	<p>But there are still a lot of children and young people who need emotional and mental health services.</p>
	<p><b>What emotional and mental health services are there for children and young people in North Yorkshire?</b></p>
	<p>There is a service for children and young people who need help to eat healthily.</p>



There is a service that helps teachers look after children and young people who need emotional and mental health support at school.



There is a support service for children and young people who are very upset or frightened.



**What new emotional and mental health services will there be for children and young people in North Yorkshire?**



Children and young people won't have to wait so long to get help to eat healthily.







Children and young people will be able to use a texting service to get help when they need it.



Children and young people will be able to get better emotional and mental health support when they need it.

They will be able to help decide

	<p>what sort of support they get.</p> <p>Their families will be able to get better support as well.</p>
	<p><b>What else is going to happen?</b></p>
	<p>The Plan says that a lot of work will be done so people in North Yorkshire know that anyone can need emotional and mental health and support.</p> <p>They should offer to help and support when they can.</p>
	<p><b>How can you find out more about the Plan?</b></p>
	<p>The Plan is on Scarborough and Ryedale CCG website.  <a href="http://www.scarboroughryedaleccg.nhs.uk/data/uploads/sr-ltp-refresh-2017-final.pdf">http://www.scarboroughryedaleccg.nhs.uk/data/uploads/sr-ltp-refresh-2017-final.pdf</a></p>





**How can you say what you think about emotional and mental health services for children and young people in North Yorkshire?**



You can get in touch by email  
[ny.cyp@nhs.net](mailto:ny.cyp@nhs.net)