

DEMENTIA - Diagnosing and Supporting Well

**Primary Care
 Resources
 User Guide**



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FOREWORD

GPs and Primary Care play a crucial role in ensuring all their patients living with Dementia and their Carers have a diagnosis recognised and support needs met.

Despite the challenges of modern day primary care there are opportunities for CCGs and GP to work smarter by using IT resources to understand their local populations, target at-risk groups and use proven clinical tools to ensure high levels of dementia diagnosis and consistent approaches to clinical care that reach across the Dementia and Frailty work streams.

The Yorkshire & Humber Dementia Clinical network have produced a range of tools and resources to: Identify: Diagnose and Support people living with dementia This user guide provides information relating to each of the resources and links to further information/help and support.



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Why is a Diagnosis of Dementia Important?

Does dementia matter?

Dr Sara Humphrey, GP Clinical Advisor for the Clinical explains why a diagnosis of dementia is important. Click on the webinar and slides here for more information: GP [webinar](#) and [slides](#) CCG's, governing bodies and boards [webinar](#) and [slides](#).

Understanding the benefits of a dementia diagnosis

Tackling the challenges of dementia. A [new fact sheet](#) developed by East Riding of Yorkshire CCG and Alzheimer's Society details the benefits of an early dementia diagnosis

Financial case for primary care

An important feature of QOF is the establishment and maintenance of disease registers. There are 5 QOF points available for establishing and maintaining a dementia register. It is the responsibility of the practice to demonstrate the systems that are in place to maintain a high quality register. Running the dementia quality toolkit every 6 months will give demonstrable help. [The worked example here](#) demonstrates the financial benefit of ensuring that anyone with a dementia diagnosis is added to the register and that patients who present with symptoms are investigated and referred on as appropriate.

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DeAR-GP

The YH Clinical Network encourages using DeAR—GP and DiADeM side by side to compliment each other.

Co-designed by the Health Innovation Network in South London, the Dementia Assessment Referral to GP tool (DeAR-GP) supports care workers to identify people who are showing signs of dementia and refer them to their GP or another healthcare professional for review. Once completed, DeAR-GP acts as a communication aide between care workers and GPs.



[Please follow this LINK to download the DeAR-GP user guide](#)

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Diagnosing Advanced Dementia Mandate

This protocol aims to support GPs to diagnose dementia for people living with advanced dementia in a care home setting. DiADeM is designed to be used only with those patients living with advanced dementia within a care home setting for whom a trip to memory services is unlikely to be feasible and/or make a difference to ongoing management.

- Reports suggest that 70% and 80% of care home residents have dementia & that many do not have a formal diagnosis
- Often residents with advanced dementia &/or frailty, are denied a diagnosis due to difficulty attending a memory service clinic even though formal referral to memory services is rarely desirable & often distressing.
- A Diagnosis enables access to appropriate support, care planning & in some cases, treatment & gives the opportunity for the patient with dementia to share their preferences for future care with family & carers

There are different versions of the tool available:

Paper copies of the tool can be downloaded in 2 formats

- 1) [DiADeM with 6CIT](#)
- 2) [DiADeM With GP COG](#)

There is an APP version of DiADeM which you can access [HERE](#) by registering for an account



DiADeM
A tool to support the diagnosis of moderate to advanced dementia in care home settings

Diagnosing Advanced Dementia Mandate DiADeM

Supported by
Alastair Burns, National Clinical Director
Alastair Burns recommends using DiADeM and DeAR - GP tools to help raise dementia diagnosis rates
<https://www.daar-gp.org>

About DiADeM

- DiADeM tool developed by the Clinical Network in conjunction with local psychiatrists and GP
- Available in paper version since 2015
- Available in app form from Sept 2017
- Development supported by CodeHealth and the Apperta Foundation steering group which included:
 - Clinical Networks
 - GP Dementia Adviser
 - CodeHealth
 - Application Insight - the App developer
 - Clinical Network staff

WINNER
National Light Dementia 2017
Innovation Award 2017
Supporting the Patient

A diagnosis of advanced dementia in the care home setting can be made with a high degree of certainty if ALL five criteria listed are met. The App version of the DiADeM tool can be used on a smart phone or tablet.

The app will give you:

- Instant access to the tool - no need to download and print.
- Automatic calculations which eliminate potential user error.
- Access to two cognitive impairment tests (MOT or GP COG) enabling clinical choice to meet individual patient needs.
- A report summarising the findings and outcome of the test which is sent securely to the registered report recipient to be actioned appropriately.
- Advice on next steps to take e.g. adding the patient to the GP Dementia register if it is a positive diagnosis using the relevant CT10/11a0d/SHOMED codes.
- A DADeM SHOMED read code has been created to enable practices to record that the diagnosis of dementia was made using the DiADeM tool for clinical audit.

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GP's and Commissioners—Primary Care and Increasing Prevalence

[Dementia Data Quality Toolkit \(DQT\)](#)

What is the dementia data quality toolkit?

The dementia data quality toolkit incorporates system searches for *EMIS Web and SystemOne practices*. These will generate a list of patients who have a coded entry on the practice system that may be indicative of dementia but who do NOT have a corresponding dementia diagnosis code that includes the patient on the QOF dementia register.

- Automated system search which is easily uploaded by the practice
- Looks for codes that suggests the patient has dementia but there has been a missed opportunity to code it
- Available across England for GP practices using SystemOne and EMIS Web
- Technical guidance
- Frequently Asked Questions

[NEW 'At Risk Toolkit' to support case finding](#)

At-risk' patients are:

- Aged >60 with CVD, stroke, peripheral vascular disease or DM
- Aged > 40 with Down's syndrome;
- Aged >50 with learning disabilities;
- long-term neurological conditions which have a known neurodegenerative element, for example, Parkinson's disease.
- Living in a care home
- Previous Delirium
- Female > 90 yrs old
- MCI diagnosed > 12mon



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Good Practice Tools

A Suite of Clinical templates to support GP Care Planning (QOF) and aspects of care of patients living with Dementia to allow uniform coding and raise the standards of care On SystemOne there are a number of templates that users joining the Yorkshire and Humber group will have access to including:

- Dementia V36 2017/2018—SystemOne standard template
- CN Dementia—Annual Care Plan (QOF) - to support the QOF criteria
- CN Dementia—Annual Care Plan (QOF) Light— to support the Qof criteria this version of the QOF review contains less read codes and is more free text driven
- Clinician Care Plan
- Patient Care Plan

Additional Supporting Templates

- CN Advanced Care Planning
- CN Mental Capacity and Decision Making
- CN Carers Health Check
- CN Think Delirium

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Resources

Here we have put ALL of the resources on one page for ease of access you can find 'live' links below to them all.



- [DeAR—GP](#)
- [DiADeM](#)
 - I. [DiADeM with 6CIT](#)
 - II. [DiADeM With GP COG](#)
- [Primary Care Resources](#)
- [SystemOne](#) (Technical guidance)
- [EMIS Web](#) (Technical Guidance)

EMIS Web XML documents for download

Please see the EMIS Web technical guidance for how to import these files to your GP practice system

[Advanced Care Planning](#)

[Care Health Check](#)

[Dementia Annual Review](#)

[Making a Dementia Diagnosis](#)

[Dementia Quality ToolKit](#)

NEW [DiADeM Template for EMIS Web](#)

[A Helpful Frequently Asked Questions document can be found HERE](#)

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