

Pathway:	Nipple Discharge
Referral Criteria/Commissioning position:	
<p><i>Refer to secondary care when:</i></p> <ul style="list-style-type: none"> • conventional primary care management has failed to resolve the issue <p>'Red Flag' symptoms</p> <ul style="list-style-type: none"> • unilateral single duct discharge • unilateral spontaneous, blood stained, serious or clear discharge • any associated lump or skin changes <p>Investigations prior to referral</p> <ul style="list-style-type: none"> • clinical examination to reproduce symptoms if possible and determine if single or multiple duct origin 	
Information to include in referral letter:	
<p><i>The GP referral letter should contain:</i></p> <ul style="list-style-type: none"> • Outline condition and duration • Treatments and interventions, current & past tried including the results, • Relevant past medical/surgical history • Drug history (prescribed and non-prescribed) • Current regular medication • BMI • Smoking status • Alcohol consumption 	
References & Additional information:	
<p>Kernow Clinical Commissioning Group Referral Guidelines Best Practice Guidelines For Patients Presenting With Breast Symptoms CRUK Guidelines For Referral of Patients With Breast Problems SIGN Guideline 84: Management of Breast Cancer in Women</p>	
CCG GP sign off:	SRCCG Business Committee (Delegated to Dr Greg Black)
Review date:	2017