

<b>Pathway:</b>	Mastalgia
<b>Referral Criteria/Commissioning position:</b>	
<p><i>Refer if:</i></p> <ul style="list-style-type: none"> <li>• six months management within general practice does not resolve the situation</li> </ul> <p>'Red Flag' symptoms</p> <ul style="list-style-type: none"> <li>• If associated breast lump follow <b>breast lump pathway</b></li> <li>• If associated nipple discharge follow <b>nipple discharge pathway</b></li> <li>• If associated nipple distortion/ retraction follow <b>nipple distortion/ retraction pathway</b></li> <li>• If evidence of inflammation consider the possibility of inflammatory cancer and refer as <b>Fast Track</b> if necessary, or the possibility of evolving abscess in which case follow <b>Breast Infection Pathway</b></li> </ul> <p><b>Investigations prior to referral</b></p> <ul style="list-style-type: none"> <li>• Pain chart</li> </ul>	
<b>Information to include in referral letter:</b>	
<p><i>The GP referral letter should contain:</i></p> <ul style="list-style-type: none"> <li>• History and duration of complaint</li> <li>• Outline treatments already advised and tried including their effects</li> <li>• Number of consultations has had for this condition in last six months</li> <li>• Past medical/surgical history including any family history of cancer</li> <li>• Drug history (prescribed and non-prescribed)</li> <li>• Current regular medication</li> <li>• BMI</li> <li>• Smoking status</li> <li>• Alcohol consumption</li> </ul>	
<b>References &amp; Additional information:</b>	
<p><b>Patient Information:</b> Patient Information Leaflet: <a href="http://www.patient.co.uk/health/breast-pain">http://www.patient.co.uk/health/breast-pain</a></p> <p><b>References:</b> NICE Clinical Knowledge Summaries CRUK Guidelines For Referral of Patients with Breast Symptoms SIGN Guideline 84: Management of Breast Cancer in Women</p>	
<b>CCG GP sign off:</b>	SRCCG Business Committee (Delegated to Dr Greg Black)
<b>Review date:</b>	2017