

<b>Pathway:</b>	Breast Lumps
<b>Referral Criteria/Commissioning position:</b>	
<p><i>Refer to secondary care:</i></p> <p><b>via '2 week wait' rule route</b></p> <ul style="list-style-type: none"> <li>• Discrete lump in woman aged 30 or over</li> <li>• Associated ulceration, skin nodule, skin distortion or palpable axillary lymph nodes</li> <li>• Unilateral firm sub areolar mass in men aged 50 or more</li> <li>• Associated erythema or redness of the breast tissue</li> <li>• Increase in size or change in character of a pre-existing or previously investigated lump</li> </ul> <p><b>via routine route:</b></p> <ul style="list-style-type: none"> <li>• Asymmetric nodularity reassessed after 6 weeks if persistent</li> </ul> <p><b>Investigations prior to referral</b></p> <ul style="list-style-type: none"> <li>• None</li> </ul>	
<b>Information to include in referral letter:</b>	
<p><i>The GP referral letter should contain:</i></p> <ul style="list-style-type: none"> <li>• Site and duration of lump</li> <li>• Details of treatments and measures tried including outcomes</li> <li>• Relevant past medical/surgical history such as breast or ovarian cancer</li> <li>• Drug history (prescribed and non-prescribed)</li> <li>• Relevant past medical/surgical history</li> <li>• Current regular medication</li> <li>• BMI</li> <li>• Smoking status</li> <li>• Alcohol consumption</li> </ul>	
<b>References &amp; Additional information:</b>	
<p><b>Patient Information Leaflet:</b> <a href="http://www.patient.co.uk/health/breast-lump">www.patient.co.uk/health/breast-lump</a></p> <p><b>References:</b>  NICE Referral Advice Updated 22 08 12  CRUK Guidelines for Referral of Patients with Breast Problems  SIGN Guideline 84: Management of Breast Cancer in Women</p>	
<b>CCG GP sign off:</b>	SRCCG Business Committee (Delegated to Dr Greg Black)
<b>Review date:</b>	2017