

General Commissioning Policy

Treatment	Molluscum Contagiosum
For the treatment of	Molluscum Contagiosum
Background	From April 2013, NHS England took over responsibility for commissioning activity in primary care, where initial conservative treatment takes place. NHS Scarborough and Ryedale CCG is responsible for commissioning activity in secondary care, and this policy sets out the referral criteria for the referral to secondary care for the management of Molluscum Contagiosum.
Definition	<ul style="list-style-type: none"> • Molluscum Contagiosum is a common self-limiting viral skin infection caused by a pox virus • Young children are most commonly affected but it can also affect older children and adults • Infection causes small shiny papules with an umbilicated centre • Images – click here <p>Exclude Red Flag Symptoms</p> <ul style="list-style-type: none"> • If very widespread, numerous and persistent consider immunosuppression and HIV test if appropriate
Management	<ul style="list-style-type: none"> • Most cases are self-limiting with resolution within 18 months so no treatment is required • Any surrounding eczema should be managed with standard eczema therapy • Molludab® (potassium hydroxide) is not commissioned and should not be prescribed • Smoking cessation and weight loss (if appropriate) to be encouraged
Indications for referral	<p>Refer to Dermatology if:</p> <ul style="list-style-type: none"> • Molluscum contagiosum in immunosuppressed patients • Diagnostic uncertainty of a solitary lesion
Investigations prior to referral	<ul style="list-style-type: none"> • None required
Information to include in referral letter	<ul style="list-style-type: none"> • Site and number of lesions • Duration of lesions • Details of how the patient meets the referral criteria • Treatments and interventions, current and past tried including the results • Photograph Is desirable if solitary lesion • Drug history (prescribed and non-prescribed)

Responsible GP – Dr Peter Billingsley, SRCCG	Approved: April 2017
Responsible Consultant – Ms Kathryn Thomson, YTHFT	Date published: April 2017
Responsible Pharmacist – Ms Rachel Ainger, SRCCG Medicines Mngt	NHS Scarborough & Ryedale Clinical Commissioning Group

	<ul style="list-style-type: none"> • Relevant past medical/surgical history • Current regular medication • BMI and smoking status
Patient Information Leaflets	<ul style="list-style-type: none"> • From patient.co.uk website – click here • From British Association of Dermatologists – click here
Effective from	November 2014
Review Date	2019
Contact for this policy	Service Improvement Team Scrccg.enquiries@nhs.net

References:

1. Clear information and pictures available on PCDS website.
<http://www.pcds.org.uk/clinical-guidance/molluscum-contagiosum>

2. Dermnet has lots of good images
<http://www.dermnetnz.org/viral/molluscum-contagiosum.html>

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